

We have the right to be **HEALTHY** - to have healthy minds and bodies.

COVID CREATIVITY: CHILD RIGHTS!

Dear Giggles,

My name is: _____

I am from _____ (city, country).

The pictures on this postcard show what creative things I am doing to practice my rights during the COVID-19 pandemic.

Thanks for listening to me and sharing my ideas to inspire other children around the world!

Sincerely,

_____, Age ____



To: Giggles
Planet of Zog
gigglesiicrd@gmail.com




We have the right to be **OURSELVES** - to be what makes us special.

We have the right to be **SAFE** - To be safe and feel safe.

We have the right to be **HEARD** - to tell adults what is important to us.

Hey! We are Children. We Have Rights.

...and here are the rights that are important to us! (Please draw or write them in the space below)

All rights are equally important and fit together like a puzzle to make the United Nations Convention on the Rights of the Child. Lots of people are responsible for respecting our rights: parents, teachers, doctors, government officials and children too!

Rights are what people need and how they want to be treated. Every child in Canada and around the world have rights. We are born with them and they can't be taken away from us.

Children have the Right to: Be **HEALTHY**, Be **SAFE**, Be **HEARD** and Be **OURSELVES**

