Dear Giggles,

My name is:___________________________

I am from _________________ (city, country).

The pictures on this postcard show what creative things I am doing to practice my rights during the COVID-19 pandemic.

Thanks for listening to me and sharing my ideas to inspire other children around the world!

Sincerely,
___________________________, Age ___

To: Giggles
Planet of Zog
gigglesiicrd@gmail.com
Hey! We are Children. We Have Rights.

Rights are what people need and how they want to be treated. Every child in Canada and around the world have rights. We are born with them and they can't be taken away from us.

Children have the Right to: Be **HEALTHY**, Be **SAFE**, Be **HEARD** and Be **OURSSELVES**

...and here are the rights that are important to us! (Please draw or write them in the space below)