

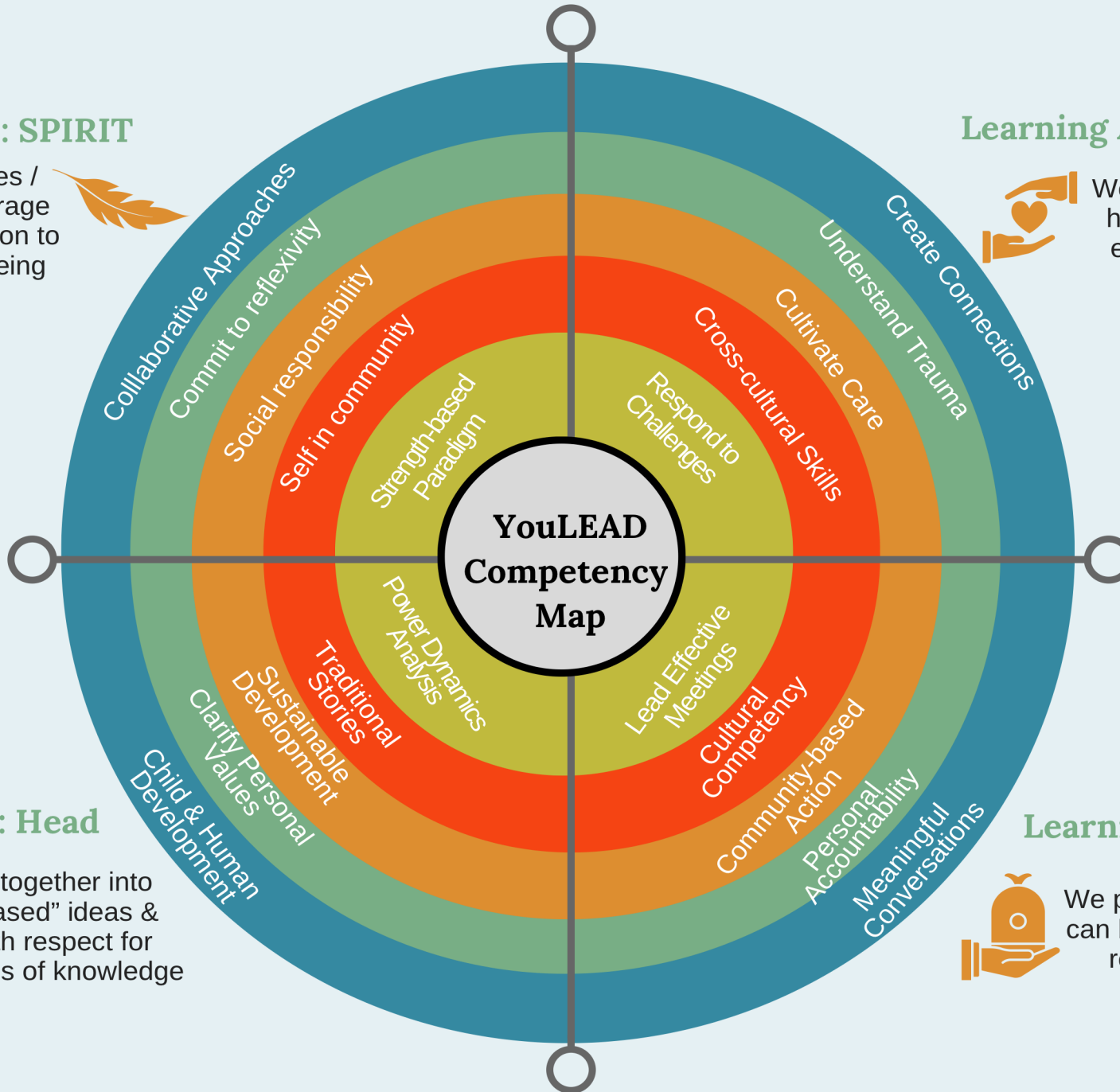
## Learning Area 1: SPIRIT

We focus on attitudes / deep values & encourage (self-defined) connection to a higher purpose / being



## Learning Area 2: HEART

We support cultivation of healthy attachments & emotional intelligence



## Learning Area 4: Head

We inquire together into "evidence-based" ideas & theories, with respect for diverse sources of knowledge



## Learning Area 3: HANDS

We practice skills which can be applied to meet real challenges.

